

SRPLN FCS State Report 2014

Reporting Institution: 1862 1890 (check one)

Name of Institution University of Tennessee

Budget Situation:

State appropriations are stable for FY 15. County and state vacant positions are being filled. Increased benefit costs and unfunded promotions limit the ability to create new positions or programs. SNAPed funding increased after passage of Farm Bill.

Staffing Update (field and state office):

Currently there is an FCS presence in 94 of the 95 Tennessee county offices. At the state level we have hired an Assistant Professor, Extension Human Development January 2015 and hired an Extension specialist for FCS Volunteer Management to develop and implement a Healthier Tennessee Volunteer program. A search is underway for an Assistant/Associate Professor Extension Health.

How Institution is Addressing the Situation:

Faculty and staff are leveraging public and private funding streams to augment and develop program efforts statewide.

Top 3 Program Highlights of Current Year: (program, collaborators, impacts)

- **Education on Nutrition and Consumer Issues.** In 2013, the UT Extension Family and Consumer Sciences' Tennessee Nutrition and Consumer Education Program (TNCEP) taught more than 26,345 youth, 3,287 adults and 974 seniors in 71 counties across Tennessee how to choose and prepare nutritionally sound diets. Program results found that participants are eating healthier. *TNCEP Nutrition Day video:*
https://www.youtube.com/watch?v=2eQBm3_WRo4
- **Exercises to Ease Arthritis.** Arthritis is the leading cause of disability in Tennessee. Ninety percent of 2,469 participants who attended a UT Extension-presented Arthritis Foundation exercise program reported having decreased arthritis symptoms six months after completing the program. *Arthritis Exercise video:* <https://www.youtube.com/watch?v=W0HabHdN17s>
- **Training to Enhance Child Care.** Ensuring Tennesseans have access to high-quality child care is one of the most effective methods of increasing short- and long-term public revenue and savings, with returns of \$8 for every \$1 invested. UT Extension Family and Consumer

Sciences agents provided a Bright Future Child Care Training program to 1,108 state child care workers. Eighty-nine percent reported they are managing program and financial issues based on the best practices taught. *Child Care Training video:*

<https://www.youtube.com/watch?v=Ap8oNlqIaBA>

New or Unique Collaborations and/or Funding Sources:

Partnering with Governor's Foundation for Health and Wellness to implement Small Starts @Work and @Worship, a web-based toolkit to encourage business and faith based leaders to make their environments for employees and congregations supportive of healthy lifestyles.

Contact for Additional Information:

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