

SRPLN FCS State Report 2014

Reporting Institution: ___1862 X1890 (check one)

Name of Institution Southern University Agricultural Research and Extension Center

Budget Situation:

There continues to be budget reduction across university campuses for higher education and Extension in Louisiana. Budget reductions have resulted in more major programmatic and personnel changes. As most organizations experience these shortfalls, the SU Ag Center continues to budget for approximately 80% of its personnel, and has very little discretionary funding.

Staffing Update (field and state office):

- Replacing three parish Nutrition positions: (1) Avoyelles/Evangeline/Nutrition Educator; (2)Lafayette/Nutrition Educators; and East Baton Rouge Parish/ Nutrition Educator
- One new position for the: Lafayette/ FCS Extension Educators

How Institution is Addressing the Situation:

FCS programs are operating with limited educators, resources and under budget constraints. Contracts on a state and federal level remain positive with governmental and state agencies SUAREC—FCS Specialist/Extension and other unit Educators are relentlessly writing grants to sustain and promote programs.

Top 3 Program Highlights of Current Year: (program, collaborators, impact)

Family and Human Development

- “Parents Preparing for Success Program” has continued its six week parenting training contract with the Department of Children and Families for more than ten years. SUAREC’s parent educators demonstrate and provide parent and financial management education information to expecting mothers and those with children under one years of age. The program enables parents to become successful parents and self-sufficient citizens.
- 4-H LIFE Program is a designed to address needs of children with incarcerated parents. The program has successfully impacted each family through visitations and structured session activities organized to enhance the cohesiveness of inmates and their children. Attending these workshop sessions, 82 inmates and 73 children. Families gained skills in communication and rebuilding relationship amongst inmates, children and caregivers. The 4-H LIFE program collaborated with the Arts Council of Baton Rouge for a fun filled morning of activities. Families were able to do plenty of arts and crafts and participated in a dance competition. (**Please note 4-H LIFE program year is February 1, 2014 to January 31, 2015. Numbers reflect a year-to date total from February 1, 2014-June 30, 2014*)

- Second Chance 2 Recover is a Pre-Release/Re-Entry program. A total of 1855 inmates were served during FY 2014. Inmates were housed in Caddo, East Baton Rouge and St. Gabriel Parish. Session topic included anger management, addictive behavior, self-esteem, and job readiness. Upon completion of the SC2R session, inmates received certificates.

Health

- **Communities of Color Network** is a tobacco initiative that has been awarded funding for six consecutive years to continue SU Ag Center's efforts of implementing tobacco education programs (2013-2014). The primary objectives of this 2013-2014 program was to establish a 100% tobacco free environment on all (SU) system campuses; provide technical services and educational programming to more than 19,450 constituents/Extension audiences; and conducted approximately 425 workshops, 42 booth displays, etc. The 6 region program also moved to inspire a comprehensive effect of healthier tobacco communities.

Nutrition

- *Families First – Nutrition Education and Wellness System (FF-NEWS)*
The goal of the FF-NEWS Program is to improve the likelihood that persons eligible for SNAP will make healthy food choices within a limited budget and choose physically active lifestyles consistent with the current Dietary Guidelines for Americans and MyPlate.
- *Expanded Food and Nutrition Program (EFNEP)*
The Expanded Food and Nutrition Education Program (EFNEP) is designed to assist limited resource audiences in acquiring the knowledge, skills, attitudes, and changed behavior necessary for nutritionally sound diets, and to contribute to their personal development and the improvement of the total family diet and nutritional well-being.

New or Unique Collaborations and/or Funding Sources:

- ❖ *Cooking Healthy Enjoyable Foods (C.H.E.F. Camp)*
The Southern University Ag Center in collaboration with the LSU AgCenter sponsored a program entitled Creating Healthy and Enjoyable Foods (C.H.E.F). The cooking school was designed to teach youth basic cooking principles and nutrition education according to the USDA's food guidance system - MyPlate and the 2010 Dietary Guidelines. The goal of C.H.E.F was to promote healthy lifestyles among youth by teaching them basic nutrition, food safety, food selection and food preparation skills.
- ❖ Louisiana Head Start Association
- ❖ Department of Health and Hospitals-Emergency Preparedness

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