

SRPLN FCS State Report 2014

Reporting Institution: ___1862 ___x___1890 (check one)

Name of Institution ___Kentucky State University_____

Budget Situation:

The Kentucky State University 1890 Extension budget is flat. As Central State University enters the 1890 system funds will be further divided among institutions. Kentucky State University has received several decreases in state funding affecting Family and Consumer Sciences (FCS) Extension Programs. We are striving for a one-to-one state match.

Staffing Update (field and state office):

FCS Extension is a part of the College of Agriculture, Food Science, and Sustainable Systems. FCS has 4 faculty members who also serve as administrators and specialists; 5 specialists who have statewide responsibility for programming; 3 area agents in Louisville, Lexington and the Northern Kentucky Area; 1 coordinator of 4-H and Youth Programs; 1 Coordinator for the Expanded Food and Nutrition Education Program (EFNEP) programs; 3 extension assistants, 2 who serve EFNEP exclusively, 1 who serves the Strengthening KY (SKY) Family Program, and one who has served EFNEP and the Family Development and Management (FDM) Program. There is a newly hired program coordinator for the mobile Foods unit. 2 Assistants who served the FDM and EFNEP programs retired in April. The Rosenwald Child Development Learning Center also comes under FCS Extension and has a director, lead teachers and assistant teachers. There are plans underway to hire a 4-H specialist and to replace the FDM assistants who retired.

How Institution is Addressing the Situation:

Effective January, 2014, 2% salary increases were received to the base salary for some and as a one time increment for others. KSU has applied for and received several grants to assist in programming efforts including and not limited to the following: USDA Capacity Building Grant; CYFAR Grant; 4-H Health Rocks Grant; 4-H Walmart Youth Voice Grant; EFNEP; several Food Security and Food & Nutrition grants; 4-H Tech Wizards Grant, and more.

Top 3 Program Highlights of Current Year: (program, collaborators, impacts)

Affordable Care Act - Research has indicated that Americans are confused and uninformed regarding health insurance needs and options. Meers Business Intelligence's Consumer Health Care Study found that consumers do not understand how the health care reform act will impact them. The Affordable Care Act went into effect on January 2014, leaving many consumers wondering what the effect would be on their families' health and budgets. A class was designed to answer questions and increase confidence among consumers making health insurance plan choices. In cooperation with Northern KY Community Action Commission's Office of Kynect

and the Program Coordinator of Health Education through Extension class participants were able to gain a better understanding of the Act and dispel some miss- information. The Participants included Family Resource Center Personnel, consumers, and small business owners who were directly affected by the Act. The discussion was lively with lots of examples and scenarios shared. Informal feedback indicated the participants improved their knowledge base and resources. Verbal feedback was positive.

Father's Day Celebration – The Lexington/Fayette County based Kentucky State University, Cooperative Extension Program: Strengthening Kentucky (SKY Families) Program aims to strengthen families through community collaboration. The 10th Annual Father's Day Celebration attracted more than 1,000 fathers and families, connecting them with community resources designed to provide families with resources that they may not otherwise have access to. A moderate level of community involvement helps build and maintain relations with community partners and community resource providers, increasing families' access to community resources.

Inputs/Role of Extension – The community resource fair provided an opportunity to increase visibility for Kentucky State University's College of Agriculture, Food Science and Sustainable Systems, and informs families that the KSU Extension program is located within the community. In addition, representatives from four KSU program areas were on hand for this event, providing Health Screens for underserved fathers, the KSU Aquaculture program was highlighted; the KSU Communications Department provided tours of the Satellite Truck, and the SKY Families Program share information, highlighting 10 years of community collaborations with other resource providers participating in the fair.

Outcomes/Impact – According to the Father Involvement Research Alliance (FIRA), children of involved fathers are more likely to have positive cognitive and emotional development and well-being, social and physical health, and a decrease in negative child development outcomes.¹ Collaborating with the Lexington Leadership Foundation and other community resource providers helps provide valuable resources to fathers, promoting parental involvement.

EFNEP and other Food-related Programs It has been demonstrated that individuals that come from lower income households have a greater chance of having poor nutrition and being overweight or obese. Over the past four years, KSU EFNEP has grown in numbers and impact so that positive change can occur.

Response: KSU EFNEP assistants delivered basic nutrition education, cooking expertise, food safety concepts, food resource management elements, and elementary fitness. Assistants worked with schools, churches, community centers, and government organizations to improve knowledge and practice. Assistants incorporated new MyPlate concepts and KSU Nutrition Curriculum in order to facilitate change.

Results: Youth involvement has increased significantly over past four years, moving from

around 500 youth to nearly 900 per year. In addition we've added nearly 90 families over the past four years. Furthermore, nutrition practice, food safety practice, and FRM has improved each year. In addition, the graduation rate has been over 90% each year.

Evidence: In order to measure results, different surveys were utilized to measure demographics, nutrition intake, and nutrition practice. **Mobile Food Unit (another food project)** – A program in conjunction with Louisville Metro, YouthBuild, and Farm Credit that seeks to mediate food desert challenges in Louisville and provide a sustainable mobile market program for the state.

The Road to College Attainment for Hispanics - The United States ranks 16th in the world in college attainment. In order for it to regain the lead held in the 1970s, Hispanics will need to earn 5.5 million more degrees by 2020. Strategies and intentional efforts need to be set in motion to ensure that the goal is reached. KSU's Cooperative Extension Program engaged in year two efforts with the Kentucky Latino Education Alliance (K'LEA) Core Leadership Team and lead cross organizational efforts among postsecondary institutions and community partners in Central Kentucky that promoted college readiness, enrollment, and retention. Educators, administrators, and community partners engaged in quarterly meetings that included professional development opportunities and information on recruitment. In addition, Hispanic students, parents and leaders provided presentations to educate non-Hispanic partners about the experiences of Hispanic students and families within their communities and schools. The K'LEA partnership directly impacted 2,212 Hispanic students and established clear data baselines for year three outcomes. From 11 institutions in Central Kentucky, Hispanic student college enrollment increased moderately in 6 and significantly in 4. When surveyed, the most frequent response from partners focused on the value and importance of collaboration to support efforts within institutions and in the community. Also mentioned by many was enhanced cultural awareness and information about "best practices." Overall, there has been a positive support network building across Kentucky with the common goal of increasing Hispanic student college attainment. It is expected that this network will grow in both breadth and depth and will contribute to the U.S.'s global leadership in college attainment.

New or Unique Collaborations and/or Funding Sources:

Grants - See above under how institutions are addressing the problem. Collaborative efforts with the City of Louisville, Farm Credit, Youth Build and Extension for a mobile foods project; Extension USDA for Veterinary Science summer youth program; CYFAR; Walmart; collaboration with General Electric Appliance Park to provide appliance and technology training to FCS Extension Agents in KY; and others.

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