



COACHING PRACTICES CHECKLIST

Do You:	YES	NO
Encourage people to focus on the most important parts of the job?		
Regularly share your own knowledge and expertise with people?		
Give people regular feedback on their demonstrated strengths?		
Actively encourage people to seek out new challenges?		
Make a personal effort to support people who are having job problems?		
Try to help people see the importance of the work they are doing?		
Actively encourage people to look for creative solutions to problems?		
Inspire people to want to go the extra mile in their work?		
Try to encourage people to learn from their failures?		
Make an effort to avoid the tendency to micromanage?		
Try to maintain friendly and informal relationships with people?		
Regularly offer people new training and development opportunities?		
Keep people informed about top management plans and strategies?		
Try to keep people motivated in difficult and stressful times?=-		
Make a demonstrable effort to lead by example?		

Source:

Fritts, Patricia J. *The New Managerial Mentor: Becoming a Learning Leader to Build Communities of Purpose*. Davis-Black Publishing, 1998.