

SRPLN FCS State Report 2013

Reporting Institution: 1862 1890 (check one)

Name of Institution University of Kentucky

Budget Situation: After multiple years of declining higher education budgets, state level funding for higher education flattened. For the first time in four years, and only the second time in six years, dollars have been reallocated to enable pay raises for faculty and staff. The College anticipates budget cuts resulting from federal sequestration, the extent however is not clear.

Staffing Update (field and state office): Total: 247.75

Field/County: 117 filled FCS Agent positions and 10 vacancies
93 Nutrition Education Program Assistants
2 CYFAR Program Assistants

State Staff: 13.75 Specialists
11 Specialists (grant funded)
6 Support Staff
5 Support Staff (grant funded)

How Institution is Addressing the Situation:

Reallocation of resources within units and departments, alert to grant opportunities, increased county based assessments for CES programs, and continued pool of vacant county positions.

Top 3 Program Highlights of Current Year: (program, collaborators, impacts)

Embracing Life As We Age

Kentucky's current population of seniors (65+) is 13.3%, a number that is expected to double in the next 40 years due to the aging Baby Boomers (post WWII babies born between 1946-1964). Approximately 25% of Kentucky's population includes Boomers, who, in 2011, started turning 65. Meanwhile, babies born in Kentucky in 2011 are projected to live to be 75 years old (3 years younger than the national average). Whether it is the graying of America or extended life expectancies, aging is a lifespan process. Therefore, it is important to acknowledge and celebrate the changes that accompany aging, in regard to health, independence and life quality throughout all stages of life. *Stand Up to Falling* is a program developed to address some of the issues encountered by Kentucky's aging population.

Stand Up to Falling introduces the seriousness and consequences of falling, especially for adults age 65 and older. The program highlights four preventable risk factors: lack of exercise, unsafe home environments, vision problems, and medication usage. When these risk factors are properly addressed, the likelihood of falling can be lowered and even prevented. The following impact was demonstrated through the program evaluation:

460	The number of people who understand how to reduce the risk of falling as a result of this program
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312	The number of people who will protect their vision and/or see an eye doctor as a result of this program
297	The number of people who plan on making changes to their home to reduce the risk of falling as a result of this program
298	The number of people who will review their medications with a doctor or pharmacist as a result of this program
274	The number of people who will be more physically active regarding strength, balance and flexibility to help reduce the risk of falling as a result of this program
372	The number of people who know how to safely get up from a fall as a result of this program

Securing Financial Stability

Kentucky consistently lags behind other areas of the United States in household income indicators, including personal income, population living below the poverty line, unemployment and revolving debt loads. A number of financial related interventions resulted in over 1500 individuals report implementing at least one financial management strategy (e.g. checking credit report, developing a spending plan, etc.). Almost 1700 Kentuckians report adopting one or more practices to reduce debt or increase savings.

Almost two hundred programs shared resources from the Managing in Tough Times: Moneywi\$e initiative. Over 13,000 individuals accessed web based educational resources. Impact is reported below:

1,787	Became aware of how to manage/address current economic events facing their family, farming operation or business because of this program
1,026	Identified financial management strategies for their family, farming operation, or business
2,283	Increased confidence in money issues or specific financial matters
1,152	Set at least one specific savings or wealth-related goal for their family, farming operation, or business because of this program
1,086	Reported that they implemented a plan to decrease their expenses or manage wealth because of this program
706	Reported the implementation of at least one financial management strategy (i.e., develop a spending plan, saving for retirement, etc.)
2,820	Indicated that they value the program or information associated with the program

Empowering Community Leaders

Building the capacity of volunteer leaders within counties is critical for the sustainability of a community infrastructure that supports long term commitment to strengthen families. The Kentucky Extension Leadership Development (KELD) program is designed to develop local citizens who are engaged, educated and empowered to understand family and community issues and take ownership of implementing local solutions. FCS agents have collaborated with staff and specialists from 4-H Youth Development, Ag and Natural Resources, and Community & Economic Development to produce the following:

- Section 1-Developing Core Leadership Skills: Series of 10 lessons designed to develop individual core leadership skills. Content includes power of motivation, learning with a purpose, communication skills, influencing others, understanding basics of team work, characteristics of leaders, dealing with conflict, generational differences, internal and external influences and speaking for success;
- Section 2-Organizational Leadership Skills: Series of eleven lessons designed to build the organizational capacity of leaders. Topics include understanding organizational culture, developing a vision, building membership, using SWOT analysis, developing and implementing action plans, educating, mobilizing, and sustaining members, evaluation for impact and financial oversight of non-profits; and
- Section 3-Utilizing Skills to Strengthen Communities (in development): Series of eight lessons designed to use leadership skills to strengthen local communities. Lessons include marketing your organization, planning productive promotions, building a marketing toolkit, building coalitions, bringing the right people to the table, facilitating community forums, and communicating with policymakers.

In spite of the fact that the program is still very new (some still under development) and not yet widely implemented, almost 1500 adults indicated increased leadership skills, knowledge or confidence through participation in Extension-related leadership programs.

New or Unique Collaborations and/or Funding Sources:

- SNAP Ed will expand due to a \$1M increase in grant funding
- Established an FCS Extension Legacy Fund to commemorate the Cooperative Extension Centennial
- New \$600,000 Children, Youth and Families at Risk grant

Contact for Additional Information:

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