

SRPLN FCS State Report 2013



Reporting Institution: ___ 1862 1890 (check one)

Budget Situation:

This fiscal year funding is stable at Tennessee State University (TSU)

Staffing Update (field and state office):

In the state office: Hired Public Health Nutrition Specialist

Field staff: Hired 1 SNAP-Ed Agent, 1 FCS/4-H Agent and 1 EFNEP Program Assistants

How Institution is Addressing the Situation:

At Tennessee State University, the College of Agriculture, Human and Natural Sciences - is in hiring mode. As the TSU Cooperative Extension Program advertises positions, we are searching for the best qualified candidates for these career opportunities.

Top 3 Program Highlights of Current Year: (program, collaborators, and impacts)

- In response to the need for better parent and child communication, the TSU County Extension Program in Hamilton County (Chattanooga, TN) conducted Helping Your Child Succeed in School and Parents Spotighting Teens with 28 parents with children in grades K through high school and parent/volunteers. The TSU FCS agent Dorothy Simmons developed this collaboration where ninety-six (96) percent of the parents who participated indicated they had learned strategies that will help them better communicate with their youth.
- Elder abuse is a reality across the world. Age discrimination and disempowerment led to elder abuse being undiscovered. On average, in Tennessee (TN) only 1 incident out of 23 is reported to Adult Protective Services. Approximately, 67% of TN Adult Protective Services cases involve frail physical/cognitive victims ages 60 and older. According to East TN Area Agency on Aging and Disability, seniors with cognitive limitations are more susceptible to exploitation and abuse because they lack capacity to make rational decisions. To empower individuals about elder abuse, the TSU FCS Agent Rachel Howell in Lauderdale County (Ripley, TN) in collaboration with Lauderdale County Council on Aging conducted the Fifth Annual World Elder Abuse Awareness Day in June to over one hundred residents. The "Day" was highlighted with a discussion panel consisting of representatives from the banking industry, adult protective services, TSU Extension, Alzheimer's agency and the Nursing home business. The "Day", also, had informational booths for attendees to receive related materials and resources.

- The goals of Shelby County (Memphis, TN) TSU FCS Supplemental Nutrition Assistance Program Education (SNAP-Ed) Extension Agent, Natalie Owens and TSU SNAP-Ed Program Assistant, Ebony Lott are to encourage families eligible for the Supplemental Nutrition Assistance Program (SNAP) that healthier options can be achieved on their limited budgets by providing nutrition education and food demonstrations in partnership with community agencies that serve this audience. Some of the important education programs they provide cover meal planning, budget planning and shopping, food safety, and cooking skills. All educational materials and topics have been developed using the 2010 Dietary Guidelines for Americans as well as the USDA's MyPlate. During the year, Mrs. Owens and Ms. Lott reached over 10,000 individuals (seniors, adults and youth) through direct nutrition education programs.

New or Unique Collaborations and/or Funding Sources:

TSU Community Garden – a collaboration with TSU Cooperative Extension Horticulture Specialist, and CEP FCS Nutrition Education and Health programs. The collaboration presented harvest cooking and food preservation demonstrations, in conjunction with nutrition and food safety education

Contact for Additional Information:

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