

PRAIRIE VIEW A&M UNIVERSITY

Cooperative Extension Program

SRPLN FCS State Report 2013

Reporting Institution: ___1862 X 1890

Name of Institution: Prairie View A&M University
Prairie View, Texas

Budget Situation:

- Certain headquarters staff members received merit increases.

Staffing Update (field and state office):

- Hired a Program Specialist – Marriage and Family located at headquarters
- Hired new agents in Collin, McClennan, Nueces, Potter, Tarrant, and Collin counties.
- Hired new EFNEP nutrition assistants in Starr County

Program Highlights of Current Year

- Falls County continues to successfully implemented a Biggest Loser (Healthy Lifestyle) initiative, which was a 15/6 week program designed to help people of all ages support one another to establish the habit of regular physical activity.
- Falls and Bell County implemented the “Step Up and Scale Down” curriculum which was co-authored by Sheryl Austin, CEP Extension agent and AgriLife agents.
- The “Weight of the Nation” was implemented at PVAMU Headquarters, Harris, and Washington counties
- Washington County implemented a 6 week “Swing Out” Dance class to promote alternative methods of physical fitness.

New or Unique Collaborations and/or Funding Sources

- FCS headquarters program specialist implemented a monthly “Total You Wellness” program for staff and students on PVAMU main campus and the College of Nursing PVAMU located in the Houston, Texas Medical Center.
- Texas A&M AgriLife and Prairie View A&M University Cooperative Extension Program are conducting programs in urban counties to show a significant impact. The same curriculum and evaluation is being used in 4H, FCS, AG & Natural Resources and CED. This program is entitled Urban X7

Contact for Additional Information:

Prairie View A&M University

Cooperative Extension Program

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