

## SRPLN FCS State Report 2011

**Reporting Institution:** \_\_\_1862 \_\_\_X\_\_\_1890 (check one)

**Name of Institution** Fort Valley State University

### **Budget Status:**

Fort Valley State University Cooperative Extension Program received budget cuts during 2010-2011.

**How is the Institution Addressing the Situation?** Administrator curtailed budget cuts in travel. Personnel have not been affected by budget cuts in Family & Consumer Sciences. Family and Consumer Sciences continue to write proposals and secure grant funding.

**Staffing Update (field and state office):** Future hiring will include:

Food Safety/ Nutrition Education/EFNEP Specialist

Health and Nutrition Education Specialist

FACS County Agent

Two EFNEP Program Assistants

### **Top 3 Program Highlights of Current Year: (program, collaborators, and impacts)**

- The FVSU-CEP participated in the 2011 America Saves program that expanded over four months. A total of 200 low-income individuals from 4 different county extension programs have enrolled in the FVSU America Saves program. Together these 200 individuals have set a goal to save an additional \$10,000 per month (averaging \$50 per person) and to reduce debt by \$8,000 per month (averaging \$40 per person).
- The Farmers Market Nutrition Program was established to provide fresh, nutritious, unprepared, locally grown fruits and vegetables through farmers' markets to WIC participants, and to expand awareness and use of, and sales at, farmers' markets. FVSU-CEP collaborated with District V Unit 2 WIC on providing Nutrition Education during WIC Farmers Market Campaign. 1,100 WIC families were educated on healthy eating habits, the USDA's My-plate concepts and becoming more physically active every day as part of a healthy lifestyle.
- EFNEP strives to educate and graduate limited resource families of Peach County on the basic of family food enhancement and budgeting. After completing EFNEP program: 95% of participants improved their diets, consuming over 1 cup more fruits and vegetables and ½ cup more calcium rich dairy foods per day. Families saved an average of \$30 per month on food.

- Increased programming opportunities with SMART, H.E.L.P. and Healthy Homes during the past year. The Homebuyer Education program assisted more individuals in 2010-2011 in purchasing their first home valued at approximately \$500,000. The HELP program increased participants' awareness and conducted family meetings to discuss long-term contingency plans for their property; many of the participants also had their property surveyed.

**New or Unique Collaborations and/or Funding Sources:**

- Submitted SNAP-Ed proposal for Nutrition Education Program, Fiscal Year 2012.
- Submitted Rural Health and Safety Proposal, July 2011.
- Funded, Changing Socially Disadvantaged Farmers Educational & Technological Approach to USDA programs (Web-based) \$1.9 million
- Collaborating with Physical Education Department on grant funded by National Institute of Health, \$100,000.
- Increased EFNEP funding. Funding will be used to enhance the program and expand to 3 new counties within the year to help educate more Georgians.

Contact for Additional Information:

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