

## SRPLN FCS State Report 2009



**Reporting Institution:**

**Prairie View A&M University  
Prairie View, Texas**

### **Program Highlights of Current Year**

- An analysis of 691 completed pre and post surveys for the diabetes outreach program revealed significant improvement in glucose monitoring, meal preparation, portion control, and regular physical exercise.
- Approximately 4,000 individuals attended Project D.E.A.P. health fairs and each participant saved \$400 as a result of diabetes screenings.
- Evaluation findings from 250 parents indicated positive changes in discipline, active listening, building self esteem, effective communication, dinner time discussions and bullying.
- 1,400 PVAMU Spring '09 freshmen participated in a required workshop entitled "You and Your Money" conducted by the Family Life Specialist. 2009 Fall Freshman will also attend this workshop.
- Partnered with the Intramural Sports Program at PVAMU and conducted a series of health and wellness seminars reaching 150 faculty and staff members.

### **Personnel Update:**

- Expanded the Family and Consumer Sciences program to Maverick County.
- Hired the second paraprofessional for the EFNEP program in Houston, Texas. In the process of hiring the third paraprofessional for this county.
- In the process of filling two vacant FCS Extension agent positions.

### **Budget Update:**

- Certain headquarters staff members received merit increases.
- All county staff received an \$800 retention payment as allocated by the State of Texas 81<sup>st</sup> Legislature.
- Received an increase in EFNEP funds.

### **New or Unique Collaborations and/or Funding Sources:**

- Navigation for success training for Texas AgriLife and CEP EFNP staff is ongoing. This is a joint training collaboration being conducted by both institutions.
- Collaborated with AG and Community Development to conduct Disaster Preparedness workshops targeting university faculty, staff and the community.
- FCS collaborated with the PVAMU farm produce specialists demonstrating vegetable food preparation, and safe food storage for community and campus employees.

### **Contact for Additional Information:**

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