

Reporting Institution:

**Oklahoma Cooperative Extension Service**

***Family and Consumer Sciences***

SR-PLN Annual Report



## **SRPLN Family & Consumer Sciences Committee**

### **2012 State Report**

[Name of Institution](#) (please indicate 1862 or 1890)

1862 --- Oklahoma State University; Oklahoma Cooperative Extension Service

[Briefly describe your current budget situation](#)

This fiscal year required a combination of a relatively small budget reduction and a requirement for counties to slightly increase their contributions for salaries of county educators.

Our Parent Child Connection program came to completion June 30, 2012.

[Briefly describe your staffing situation - field and state office](#)

**Field/county level:** We have 41 FCS Educators with 50/50 split with 4-H and we have 34 FCS educators at 90% FCS and 10% 4-H. The Community Nutrition Education Program [CNEP] incorporates grant/formula funding Extension educators and staff: 47 FTE NEAs [60.5 SNAP ED / 20.5 EFNEP]; 7 Area Coordinators.

**State:** We currently have 9 State Extension Specialists and 7 Extension-funded Staff.

[How is your institution addressing the situation?](#)

Right now we are not hiring any state specialists and are prudently refilling some county positions.

[List 3 program highlights of the current year \(program, collaborators, impacts\)](#)

We have concluded a five-year cycle of three impact team programs. Our impact teams reported:

#### **Healthy Oklahoma Youth**

Reached 17,058 youth in classroom settings.

Significant improvements in food, nutrition, and physical activity behaviors include:

- Eat whole grain breads & cereals; eat fruits and vegetables
- Drink milk or eat cheese or yogurt; eat low-fat meats
- Breakfast on foods from 2 or 3 MyPyramid food groups; snack only when hungry
- Use nutrition labeling to make food & beverage choices
- Eat small amounts of high fat foods and/or sugar sweetened beverages
- Increase time spent in physical activity

## Farm to You Exhibit

- Experienced by approximately 57,919 youth and 3,633 community volunteers
- Enhanced behavior change in students exposed to both classroom nutrition education lessons and the exhibit, compared to those exposed solely to the classroom lessons
- Featured in *Weighing the Options: How Can We Encourage Healthy Weights among America's Youth*
- Received Dr. Rodney Huey Memorial Champion of Oklahoma Health Award

## Homebuyer Education

Oklahoma is one of only 11 states that train and certify educators on the state level. Class experiences improved confidence and led to attitude change. Participants in classes offered by certified trainers show statistically significant gains in home buying skills with thirty-three% of participants purchasing homes. Of those who gave a reason for not purchasing a home, 43% recognized the need to work on their finances. Curriculum was adapted from Bankruptcy education program and offered in partnership with region 6 DA's office to reduce bogus check writing. On completion of the program the \$198 fine was waived which resulted in 40% decline in bogus check writing in first 3 years. Participants commented that they could have avoided their current situation if they had possessed the information presented in the classes. Developed by OCES educators to meet objectives of the OK Financial Passport legislation, training for usage was developed and provided to Extension educators. Kits were disseminated to 66 counties and are available for check out to area schools.

## Family Resiliency

**I Can Problem Solve** trained 305 teachers and adult and 4737 students educated. Implementation of this program has helped the children understand that there are other ways of working through problems that do not include violence. Teachers have observed the students "stop and think – then be nicer", and "using words instead of yelling at teacher to fix it." **Raising a Thinking Child** trained 25 teachers and 22 parents and 418 students educated. Impact of this program Parents/Adults reported they will "let my kids do some things on their own," and have learned they "need to guide their child." Achievements – 2009 Oklahoma Indian Head Start Directors Association Meeting – trained 53 staff working with children in 21 Head Start Centers operated by 10 Tribes

## [Please describe new or unique collaborations and/or funding sources.](#)

The College has changed names and is now the "College of Human Sciences." We have developed 10 new issue teams across program areas in Extension which also allowed us to engage more resident faculty in applied research and extension Programming. Our issue teams are: Hunger, health, Environment, Safety, Finances, Employment, Family Breakdown, High-Risk Behaviors, Resilience and Agri-Science. See information at: <http://issueteams.okstate.edu>

## [Contact for additional information](#)

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