

**Children's Vegetable Garden Program
Bexar County - Youth Evaluation Tool - PRE**

Looking for information on future program?

<http://bexar-tx.tamu.edu/>
<http://www.bexaryouthgardens.com>

MARKING INSTRUCTIONS

CORRECT: ● INCORRECT: ☒ ☓ ☐ ☑

Fill in the BEST answer or answers.

Please have your child fill out the evaluation completely. Results are used to determine behavioral changes in nutrition and physical activity during the course of this program.

Name: _____

Plot #: _____

School: _____

Date: _____

Grade: Kindergarten 4th
 1st 5th
 2nd 6th
 3rd 7th or higher

Gender: Male Female

2. Have you eaten new vegetables this week?

Yes  No 

3. When do I wash my hands?
(Choose the best answer for each picture.)



Before or After You eat . . .




Before or After You work in the garden




Before or After You go to the bathroom




1. What are fast foods? (select all that apply)


Big Mac and fries 


Fish swimming in a stream 


Fruits and vegetables 

Pizza and a pop 

4. A healthy snack choice would be? (select one only)

Apple and a can of pop 

Potato chips and milk 

Fresh salad and glass of water 



MARKING INSTRUCTIONS

CORRECT: ● INCORRECT: ✗ ⊗ ☹️

5. How does gardening make our lives better?



- a. Fresh Air
 b. Less TV time
 c. Vitamin D
 d. All of the above

6. From gardening, we learn about...



b. Good insects and Bad insects

a. Plant needs



c. Water

d. All of the above

**7. What is a physical activity?
(Mark all that are physical activities.)**



Computer



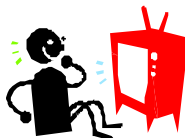
Walking



Gardening



Riding a bike



Watching TV

**8. How often do I eat vegetables?
(Select one only)**



Every day

M	T	W	Th	F	S	Su
✓	✓	✓	✓	✓	✓	✓

Most days of the week

M	T	W	Th	F	S	Su
✓	✓		✓	✓	✓	

1-2 days a week

M	T	W	Th	F	S	Su
✓	✓					

Never

M	T	W	Th	F	S	Su

9. Taking care of a garden means you must...

a. Prepare your plot



b. Plant



c. Chew Gum



d. A & B

10. When we garden we learn . . .



a. Math



b. Science



c. Teamwork

d. All of the above

Children's Vegetable Garden Program
 Program Coordinator—David Rodriguez
 County Extension Agent—Horticulture
 3355 Cherry Ridge Dr.
 San Antonio, TX 78230
 Phone: (210) 467-6575
 Email: dhrodriguez@ag.tamu.edu
 http://bexar-tx.tamu.edu/homehort/



Educational programs of the Texas A&M AgriLife Extension service are open to all people without regard to race, color, sex, disability, religion, age or national status. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

